

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Lisa Sweeney

Has successfully participated & completed the

10km Heritage Day Trail Run

held at De Grendel Wine Estate.

**TIME** 01:26:37

**PACE** 08:39/km

**OVERALL** 113 of 183

24 September 2023, Sun

Date

**GENDER** 54 of 107

**OPEN** 25 of 40

